

Essential Retirement Planning for Solo Agers...and the rest of us



Sara Zeff Geber, Ph.D., is an author, a certified retirement coach, and a nationally-known expert in the non-financial side of retirement planning. In 2018, Dr. Geber was named an “influencer in Aging” by PBS’ Next Avenue.

Sara’s book has been an Amazon best-seller. It was named by **Wall Street Journal** as one of the “2018 Best Books on Aging Well.” She is a regular contributor to **Forbes.com** on the topics of aging and retirement.

Sara has been quoted and featured in numerous **national and international publications:**



Story Ideas:

- 20% of boomer women never had children! **How can Solo Agers plan** for later life?
- **Are you a Solo Ager?** Who will care for you when you are old?
- Will you be a Solo Ager? What to do in your 40s and 50s to **ensure you don’t end up isolated and lonely**
- Why baby boomers need to **stop playing “Peter Pan”**
- **8 keys** to a successful retirement
- Real life “Golden Girls” - how to **retire with your “besties”**
- **5 tips** for avoiding loneliness and isolation
- Live smart after 50! Plan for a life with **meaning and purpose**
- Phased Retirement: Why **you AND your employer** should embrace it
- From **Aging-in-Place** to Aging-in-the-RIGHT-Place

What the broadcast media is saying:

“It’s refreshing to have a guest who is not only **well educated in her area of focus**, but also shares personal experience.”

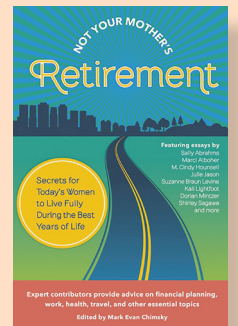
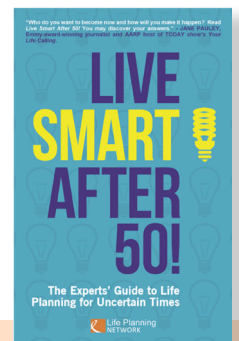
— Casey Weade, *Retire With Purpose Podcast*

“Expert, she is! She is **knowledgeable** about adult development as well as **the changing landscape of retirement.**”

— Dorian Mintzer, *Revolutionize Retirement Podcast*

“Sara is a wonderful radio guest; **she stays interesting** and explains complicated and often scary subjects in a manner that **people can understand and relate to.**”

—Annalee Leonard, *Winning With Annalee Radio Show*



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